



Red Tent at GB Kundalini Yoga Festival 2019 Schedule



	Tuesday 28th May	Wednesday 29th May	Thursday 30th May	Friday 31st May	Saturday 1st June
Morning Session 10.00-13.00	Making talking sticks with Amanjot Kaur	Experience the healing power of the five facets of mother nature Ishwara Kaur	Closing of the Bones ritual Japjeet Rajbir Kaur Khalsa	DOT Mandalla Painting Maya Dattani	Cunt Bunting craft session Amanjot Kaur
---- Lunch - 13.00 - 14.00 ---- Lunch - 13.00 - 14.00 ---- Lunch - 13.00 - 14.00 ---- Lunch - 13.00 - 14.00 ---- Lunch - 13.00 - 14.00 ----					
Peanut Hour 14.00-15.00	Ramleen Kaur	Siri Karta Kaur	Victoria Amore	Ishwara Kaur	Angad Kaur
Afternoon session 15.30-17.30	Sharing Circle Amanjot Kaur	Healing Relationship with Mantra Siri Karta Kaur	Grace and Healing Sexual Violence Simranjeet Kaur	3-6PM Healing the Inner Child + Sharing Circle Kiran Kaur	Healing the Womb - The Source of Creation DevAjeet Kaur
----- All Camp Meditation - 18.00 - 18.30 ----- All Camp Meditation - 18.00 - 18.30 ----- All Camp Meditation - 18.00 - 18.30 ---- All Camp Meditation - 18.00 - 18.30 ---					
--- - Dinner - 18.30 - 19.30 --- - Dinner - 18.30 - 19.30 --- - Dinner - 18.30 - 19.30 --- - Dinner - 18.30 - 19.30 --- - Dinner - 18.30 - 19.30 --- - -					
Workshop 20.00-22.00	Watch your Super Powers Ramleen Kaur	The Mother Wound A Sharing and Meditation Circle. Kiranjot Kaur	Sopurkh recitation Siri Karta Kaur	Gong Therapy Harjas Kaur	
--- - Night Watch - 22.00-24.00 ----- - Night Watch - 22.00-24.00 ----- - Night Watch - 22.00-24.00 ----- - Night Watch - 22.00-24.00 -----					