



GBKYF 2020 SCHEDULE

Online Festival 2020 Programme

DONATIONS START AT £10 FOR THE WHOLE FESTIVAL

Thursday 28th May

2.00 – 4.00pm **Main Room**
KYTA Conference
The Teacher Student Relationship in the New Age
Led by **Amrit Singh Khalsa**, Director of Teacher Trainings, KRI
Free for members £5 for non

members
You will need a password to enter this meeting – [REGISTER HERE](#)

4.00 – 5.00 pm **Main Room**
KYTA AGM
Members only

6.00 – 7.00 pm **Reception**
with **Ro & Karen**

7.00 – 8.30pm **Main Room**
Welcome & Tuning In with the **Festival Team**
Astrology with **Kaypacha**
Opening Ceremony & Prayer of Peace with **Kwali Kumara, Preetam Kaur** and festival team

Friday **Main Room Sadhana**
led by **Sadhana Sangat**

29th May based in the Midlands Japji with Rav Singh and Sukhi Kaur, Kriya with Hari Shabd, Mediations with Maanav Kaur and Satwant. Kaur.
8:00am Hukamnama, Nandh Singh

8.30 – 9.30 am **Reception**
with **Ro & Karen**

9.30 – 10.30 am **Healing Space**
with **Sat Nam Rasayan Practitioners**

Children's Area 1
Dragon Story Telling
led by **Harsaran Kaur**

Children's Area 2
Music Making
led by **Matt Watts**

Gurdwara
with GRDP

11.00 – 1.00 **Main Room**

pm **The Flowering of the Heart**
led by **Ishwara & Kirpal**

Workshop Space
Open your heart to more opportunity followed by online gong bath
led by **Jotipal Kaur**

Red Tent
Opening to your Inner Goddess
with **Victoria Amore**

2.00 – 3.00 pm **Healing Space**
Gong Bath
led by **Madeleine Honor**

Children's Area 1
Frozen in Time
led by **Jane Oppegaard**

Children's Area 2
Be a Super Hero
led by **Uma Amrita Kaur**

Reception
with **Ro & Karen**

3.30 – 5.30 pm **Main Room**
See the Unseen and Know the Unknown
led by special guest, **Krishna Kaur**

Workshop Space
Shakti Dance – Be a drop in the infinite ocean
led by **Kerti Kal Bhagtee**

Red Tent
Healing Trauma with Sacred Belly dance and Mantra
led by **Louisa Darling and Amrit Jiwan Kaur**

6.00 – 6.30 pm **Main Room**
All camp meditation
led by the **festival team**

7.00 – 8.30 **Main Room**

pm **Evening Programme: Live Kitan with Lydua Baksh** followed by **Siri Sadhana Kaur** and more tbc

Saturday 30th May

6:00 – 8:00am **Main Room Sadhana**
led by **Siri Sadhana Kaur**

8.30 – 9.30 am **Reception**
with **Ro & Karen**

9.30 – 10.30 am **Healing Space**
Reconnection Healing
led by **Amanjot Kaur**

Children's Area 1
Animal Adventure
led by **Harsha Moore**

Children's Area 2

Drum a Drum Yoga
led by [Olga Bekerman](#)

Gurdwara with GRDP

11.00 – 1.00 pm **Main Room**
Let Go Let Love
led by [Kathryn McCusker](#)

Workshop Space
Man to Man (men only)
led by [Kirpal Singh & Hari Karam Singh](#)

Red Tent
We Are In Pilgrimage to Union
led by [Roisin Kiernan and Kathryn Clinkscates](#)

2.00 – 3.00 pm **Healing Space**
Reiki and Sharing Circle
led by [Kathryn Geoghegan](#)

Children's Area 1
Visit the 7 Wonders of the

World
led by [Yelena Staniszewska](#)

Children's Area 2
Family Yoga
led by [Priya Sawhney](#)

Reception with Ro & Karen

3.30 – 5.30 pm **Main Room**
Transforming the Wounds of Love
led by [Angad Kaur](#)

Workshop Space
Crazy Times
led by [Kiranjot](#)

Red Tent
Rebozo-Massage & Wrapping and Pelvis & Womb Space Massage Workshop
led by [Japjeet Rajbir](#)
The Grace of Menopause
led by [Kathryn Clinkscates](#)

6.00 – 6.30 pm **Main Room**
All camp meditation
led by the [festival team](#)

7.00 – 8.30 pm **Main Room**
Evening Programme
[Miraba Ceiba](#), [NiranJan Kaur](#) and [Anad Kirtan & Family](#)

Sunday 31st May

6:00 – 8:00am **Main Room Sadhana**
led by [Anand Kirtan & Tom](#)
Hukamnama – [Navleen Kaur](#)

8.30 – 9.10 pm **Reception**
with [Ro & Karen](#)

9.30 – 10.30 am **Healing Space**
Breath Walk
led by [Karen Neate](#)

Children's Area 1
Be a Rainbow Lead
led by [Samantha Bowers](#)

Children's Area 2
Relaxation & Eye Pillows led
led by [Olga Bekerman](#)

11.00 – 1.00 pm **Main Room**
Ecstatic Mantra Celebration
led by [Kwali Kumara](#)

Workshop Space
Learning to follow the call of your heart – it knows the way!
led by [Juliet Russell-Roberts](#)

Red Tent
Grace & Sacred Mantra
led by [Devajeet Kaur & Haridev Kaur](#)

2.00 – 3.00 pm **Main Room**
Closing All Camp Meditation
led by the [festival team](#)

"This life is not for wasting. It is for reaching the wonderland of your own consciousness."

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CONTACT US

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